

Women's Services

Golden Valley Memorial Healthcare (GVMH) recognizes that women are so busy taking care of others that they often fail to slow down and take care of themselves. That's why GVMH is now making it easier for women to receive the special care they deserve at the various stages throughout their lives. The hospital and multi-specialty clinics offer a full range of medical services including specialized OB/GYN care to address the needs of women.

OB/GYN Care

OB/GYN specialty care at GVMH involves procedures related to the female reproductive system. The physicians, surgeons and nursing staff have extensive experience in the treatment of many common female disorders: menstrual irregularities, uterine, ovarian and cervical cancer, endometriosis, fibroids, urinary incontinence, infertility, and pelvic pain. Call Women's Services, 660-890-7380 for information.

Breast Care

GVMH is an FDA-Certified Mammography Facility and performs more than 3,000 studies a year. With an experienced and highly skilled staff, a specially trained radiologist and state-of-the-art digital mammography

equipment, GVMH offers comprehensive mammography services. Evening appointments are available for screening mammograms. Call 660-890-7145 to schedule an appointment in Clinton. For a screening mammogram appointment in Warsaw, call 660-438-5193.

In addition, the hospital has a new Stereotactic Breast Biopsy Suite to enhance its array of diagnostic breast services. Used to locate and then take samples of tissue from any mammogram detected suspicious areas in the breast, this core biopsy system can be used before or instead of surgical biopsy.

The hospital also performs breast needle localization to determine the location of suspicious breast tissue that has been seen on a mammogram.

The center also uses ImageChecker technology, a computer-aided analog and digital mammography detection (CAD) system from R2 Technology, Inc. The ImageChecker helps radiologists detect cancer at the earliest, most treatable stage and improves detection rates by as much as 15-20 percent.



Bone Health

Bone loss due to osteoporosis can leave women at risk for bone fractures. One out of every two women past menopause has osteoporosis. But osteoporosis is preventable and treatable. Seventy-five percent of women who have osteoporosis don't even know they have it. It is a potentially crippling disease characterized by bone loss and susceptibility to fracture.

Bone density measurement is a diagnostic test used to measure the amount of mineral in bones. Our facility offers bone density screening and uses the dual energy x-ray absorptiometry (DXA). It involves lying on a table for 10-20 minutes while low dose x-ray beam scans the spine, hip or both. Based on your results, your physician can diagnose and treat osteoporosis.

The bone density suite is conveniently located in the GVMH Medical Plaza. Bone density testing will soon be available in Warsaw. Many patients find it convenient to schedule this screening procedure with their mammogram.

Pregnancy & Childbirth Services

Prenatal care is provided by GVMH physicians in Clinton and Warsaw, with babies being delivered at GVMH's Birthing Center. Birthing Center professional nursing staff also provides resources for gestational diabetes, postpartum depression, childbirth education, breastfeeding education, newborn care education, and ongoing support for breastfeeding. For information, please call the Birthing Center at 660-885-2253, ext. 6561.

Continence Treatment & Evaluation

Urinary incontinence or involuntary loss of urine can affect women at different times of their lives, for a number of different reasons. GVMH provides services to help determine the type of incontinence you are experiencing and the proper treatment. If you are experiencing urinary leaking or urgency, there is help. Our services can provide the necessary treatment ranging from physical therapy to outpatient gynecological surgery. For more information about incontinence treatment options, contact Women's Services at 660-890-7380.

Physical Medicine & Rehabilitation

GVMH's Rehab & Wellness Centers provide exceptional care to women for a variety of health concerns:

- Muscular re-education for strength, balance and urinary leakage
- Lymphedema management and muscle therapy following mastectomy
- Massage techniques to manage chronic pelvic pain and vulvodynia
- Management of back pain during pregnancy
- Individualized programs for arthritis or joint pain

For additional information about Rehab & Wellness services, please contact 660-890-7190.

Mission

To provide quality health and wellness services.

Vision

To make a positive difference in the health and wellness of each life we touch.

Values

Quality
Compassion
Professionalism
Excellence
Accountability



Women's Health Services
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www.gvmh.org

OB/GYN Care - Breast Health

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Bone Health - Wellness - Pregnancy