

Free

Here's
all you need to

QUIT SMOKING!

1. *The desire to quit.*

2. *Our phone number.*

Breathe-Free is waiting to show you an easier, less-expensive way to stop smoking. It's worked for 20 million people so far. Let it work for you.

Orientation Begins:

Thursday, September 11, 2008 @ 7-8:30 pm

Pre-session Preparation Meetings:

Tuesday, September 16, @ 7 p.m.

Wednesday, September 18, @ 7 p.m.

Quit Smoking Begins:

Monday, September 22-26, 30 @ 7 p.m.

Graduation on:

Tuesday, October 7 @ 7 p.m.

Golden Valley Medical- Clinton
(located in new GVMH Medical Plaza)

For more information call

660-890-8451

THE
Breathe-Free
PLAN TO STOP SMOKING