

GVMH

Rehab & Wellness

The GVMH Rehab and Wellness Department is nationally ranked at the 93rd percentile for patient satisfaction and 99th percentile for friendliness of staff.



Golden Valley Memorial Hospital
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- *Have you ever wondered if a new hire really **had the strength** and fitness to **do the job** they were hired for?*
- *Concerned about a new employee **bringing an old injury** to their position within the company?*
- *Ever wondered if an employee was **really ready to return** to the same job after an injury?*

Golden Valley Memorial Healthcare Rehab and Wellness is pleased to provide **Physical Capacity Profile (PCP)** Testing and Functional Capacity Evaluations (FCE) to area employers.

PCP testing utilizes state of the art computerized software to complete a comprehensive collection of multiple strength measurements in as little as 30 minutes. Results are available in minutes, and provide the employer with necessary information to determine if the employee is physically capable to safely performing the job he/she applied for.

The Physical Capacity Profile Testing System helps employers by:

- reducing injuries by ensuring employees have the physical strength to safely perform their job.
- reducing worker's compensation exposure by documenting impairments that an employee brings with them to the work place.
- providing pre-hire baseline measurements to expedite the rehab process



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660-890-7190

A **Functional Capacity Evaluation (FCE)** is a physical assessment of an individual's ability to perform work related activity. It encompasses the physical demands of work as defined by the U.S. Department of Labor, with testing procedures demonstrating to be both reliable and valid. The FCE can be used to help determine goals for rehabilitation or readiness for discharge, return to work status, case settlements, and disability levels. It consists of medical record review, musculoskeletal screening, and physical ability testing. Physical testing may include graded strength activities, dexterity, coordination, balance, and endurance.

Both PCP testing for new hires and Functional Capacity Testing are offered at our outpatient rehab clinic in Clinton. For more information on how to receive these testing services or to schedule a test, please call **660-890-7190**.