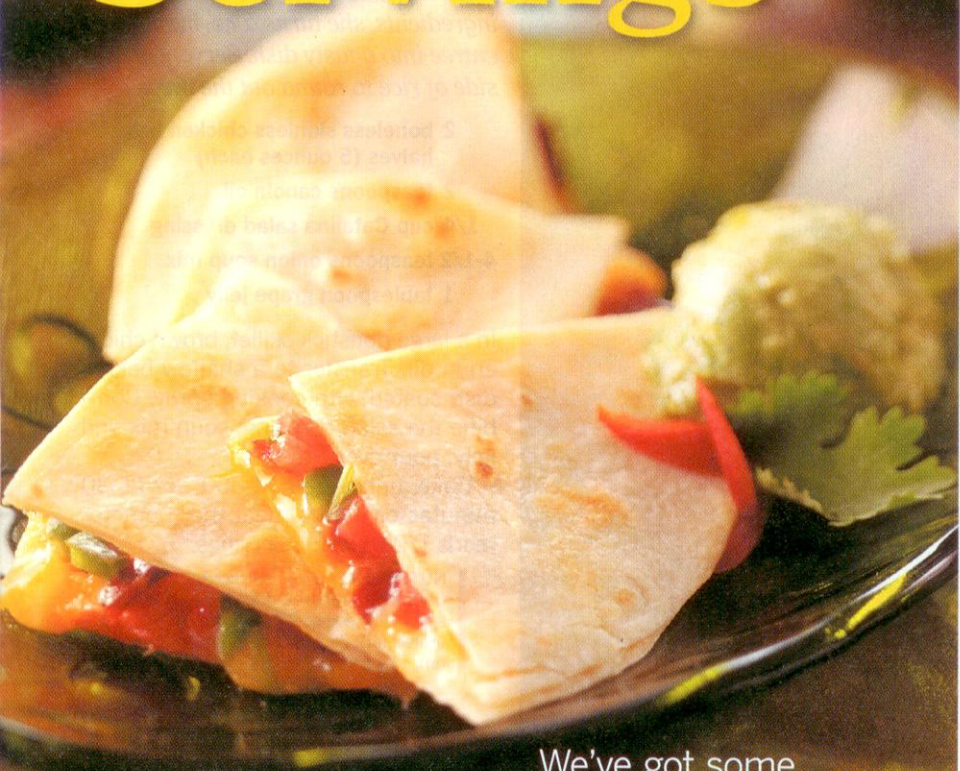


# Single Servings



We've got some scrumptious ideas that are fun for just one!

## Bacon Quesadilla

**PREP/TOTAL TIME:** 10 min.

*This fuss-free quesadilla is so tasty, you'll feel like you're treating yourself. "This makes a great snack for one," writes Kathy Kittell from Lenexa, Kansas. "You can double or triple the ingredients if needed."*

1 tablespoon butter, softened  
2 flour tortillas (6 inches)  
1/4 cup shredded Colby-Monterey Jack cheese

2 bacon strips, cooked and crumbled  
1 tablespoon salsa  
Sour cream, guacamole and additional salsa, optional

Butter one side of one tortilla; place in a small skillet, buttered side down. Top with cheese, bacon and salsa. Butter remaining tortilla; place on top, buttered side up.

Cook over low heat for 1-2 minutes on each side or until cheese is melted. Cut into wedges. Serve with sour cream, guacamole and additional salsa if desired.

**Yield:** 1 serving.

**NUTRITION FACTS:** 1 serving (prepared with reduced-fat butter and reduced-fat cheese; calculated without optional ingredients) equals 388 calories, 23 g fat (10 g saturated fat), 46 mg cholesterol, 1,000 mg sodium, 28 g carbohydrate, 0 fiber, 18 g protein.