







Managed Health Plans			
Contact Information	United Healthcare Community Plan Phone: 1-866-292-0359 TTY: 711 <a href="http://myuhc.com">myuhc.com</a>	Home State Health Phone: 1-855-694-4663 TTY: 711 <a href="http://homestatehealth.com">homestatehealth.com</a>	Healthy Blue Phone: 1-833-388-1407 TTY: 711 <a href="http://healthybluemo.com">healthybluemo.com</a>
Comparison Guide	<b>Covered Services</b> The services below are covered by all Managed Care health plans. Some services are limited based on your age or eligibility group and other services may be available depending on your needs. Work with your provider to see if the service you need is covered.		
24-hour access by phone	<b>Covered</b>		
Ambulance	<b>Covered</b>		
Ambulatory surgical center and birth centers	<b>Covered</b>		
Asthma	<b>Limited Coverage</b>		
Behavioral health and substance use disorders (including emergency)	<b>Covered</b>		
Chiropractic services	<b>Limited Coverage</b>		
Complementary health and alternative therapy for chronic pain	<b>Limited Coverage</b>		
Comprehensive day rehab (recovery from serious head injury)	<b>Limited Coverage</b>		

Diabetes education and self-management training	<b>Limited Coverage</b>
Diabetes prevention program (DPP) services	<b>Limited Coverage</b>
Dental services	<b>Limited Coverage</b>
Durable medical equipment (DME)	<b>Limited Coverage</b>
Emergency medical and post-stabilization services	<b>Covered</b>
Family planning services	<b>Covered</b>
Habilitative services	<b>Limited Coverage</b>
Healthy Children and Youth (HCY) services	<b>Covered</b> Including: Physical exams, Immunizations (shots), Testing lead levels in blood.
Hearing aids and related services	<b>Limited Coverage</b>
Home health services	<b>Limited Coverage</b>
Hospice	<b>Limited Coverage</b> (If you are in the last 6 months of life.)
Inpatient/outpatient services	<b>Covered</b>
Laboratory tests and x-rays	<b>Covered</b>
Local health department services	<b>Covered</b> Including: Immunizations (shots), screening, diagnosis, and treatment of sexually transmitted diseases, HIV, tuberculosis, and lead poisoning.

Management services	<b>Covered</b>
Maternity services	<b>Covered</b>
Personal care	<b>Covered</b>
Pharmacy	<b>Covered through MO HealthNet Fee-For-Service</b>
Preventive care	<b>Covered</b> Including: Well checks, Mammograms, Cancer screenings.
Podiatry (medical services for your feet)	<b>Limited Coverage</b>
Primary care provider services	<b>Covered</b>
Specialist care	<b>Covered</b> (With your provider's referral.)
Therapy services	<b>Limited Coverage</b> (Physical, occupational, and speech.)
Tobacco cessation counseling	<b>Covered</b>
Transplant related services	<b>Covered</b>
Transportation to medical appointments	<b>Limited Coverage</b>
Treat No Transport services	<b>Covered</b>
Vision	<b>Limited Coverage</b>

## ADDITIONAL HEALTH PLAN BENEFITS

Below are additional benefits or services provided by the health plans serving MO HealthNet. These benefits or services may be limited to those who qualify. If you have any questions about the additional benefits or services provided, please call the health plan for more information.

		
<ul style="list-style-type: none"> <li>• <b>Electric Breast Pump Program:</b> All pregnant members will be eligible to receive one (1) electric breast pump per lifetime. Members can request one up to 60 days before their estimated due date, and up to six (6) weeks after delivery.</li> <li>• <b>Enhanced Transportation Program:</b> All members, including those not eligible for non-emergent transportation, are eligible for non-emergent transportation services, including rides to WIC appointments, the pharmacy, Vocational Rehabilitation/Job Day Training, Weight Control Programs, Food Pantry, Grocery Stores, and Drug Rehabilitation.</li> <li>• <b>Hypoallergenic Assistance Program:</b> All members with Asthma participating in care management will receive hypoallergenic mattress cover and pillowcase limited to \$150.00 annually per year.</li> <li>• <b>Mom's Meals:</b> Members who have delivered baby may receive 30 healthy balanced meals, 2 per day, delivered to member's home following discharge from the hospital.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>After School Youth Program Club:</b> Provides school aged member's membership for one of the following programs per child per year: Girl Scouts, Boy Scouts, YMCA, LINC, 4-H, Girls on the Run, Boys and Girls Clubs.</li> <li>• <b>Automatic Blood Pressure (BP) Cuff Program:</b> Members ages 21 and older identified by a Care Manager, as having risk factors for high blood pressure will received an automatic blood pressure cuff for at-home monitoring.</li> <li>• <b>Baby Showers for Moms Program:</b> Expectant or new moms participate in fun activities, receive baby supplies and educational information regarding prenatal diet tips, baby care instructions, breast feeding instructions, and baby carrying demonstrations.</li> <li>• <b>Breast Pump Program:</b> All enrolled expecting mothers will receive an electric breast pump within thirty (30) days of delivering.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Art Therapy:</b> Members 3 and older with autism, a diagnosis of cancer or cancer recurrence, PTSD or emotional abuse within the past two years, who participate in case/disease management and have completed a comprehensive assessment, will have the cost of Art therapy covered.</li> <li>• <b>Asthma Relief Toolkit:</b> Members diagnosed with Asthma will be able to select up to \$200 of asthma relief products from a catalog of options.</li> <li>• <b>Asthma Spacer:</b> Members aged 10 and under with diagnosis of asthma will receive two (2) asthma spacers.</li> <li>• <b>Baby and Toddler Essentials:</b> Members who are pregnant and due to deliver within 6 weeks or have delivered within 60 days will select up to \$100 worth of essential items for babies and toddlers. This includes items such as a convertible car seat, safe sleep kit, diapers, and a portable crib.</li> <li>• <b>Baby on the Way Bundle:</b> Pregnant members can select up to two of the following items to support a healthy pregnancy: Folic acid supplements, Maternity support hose, Maternity support belts, Compression socks, Maternity body pillow.</li> </ul>

- **One Pass:** Members 18 and older get a membership for access to both online and in-person gym options. Eligible One Pass gyms include YMCA, Planet Fitness, and Anytime Fitness. Members can search online at One Pass for gyms in their area.
- **Peer Support Specialist Program:** MO HealthNet Managed Care members will receive face-to-face and/or telephonic support from Substance Use Disorder (SUD) Recovery Coaches and/or Foster Care Peer Support Specialist for behavioral healthcare management services provided by Optum.
- **Sanvello App:** Members 13 and older may receive premium access to this evidence-based mobile app to find strategies, tools, and resources to help with stress, anxiety, and other common mental health struggles. Members do not need a clinical diagnosis and do not need to be experiencing symptoms of these conditions to use this app.
- **Wellhop:** All pregnant members in their second trimester to about four (4) months postpartum can enroll in the Wellhop Centering App Program. Members assigned to a centering group with mothers in the same gestational period and to a group facilitator they can meet with individually.
- **YMCA Membership:** Members 17 and younger can obtain a YMCA membership and will have access to the sports, activities, and gym equipment available at their facility of choice. Access to services will depend on their age and YMCA guidelines.

- **Enhanced and Same Day Transportation Program:** Members eligible for non-emergency transportation services as a covered benefit will receive transportation services to the following; Services for social determinants of health-related supports such as food banks, employment services, and job interviews. Benefits also include transportation to all WIC appointments, Hospital visits, Lamaze or similar birthing classes and prescription drug pick-ups immediately after appointments allowing the parent transportation from home to pick up children at school and then take them to doctor appointments.
- **HiSET Exam Voucher:** Members over the age of 16 who have education-related goals in their care plan receive one (1) voucher (which includes all five (5) test) per year.
- **Homer Helps ADHD:** Members under the age of 12 with a qualifying diagnosis and prescribed medications for ADD/ADHD will be offered an emotional support kit consisting of a therapeutic plush animal and a children's book/coloring book promoting emotional support.
- **Maternity Support Belt Program:** Pregnant members can receive one band per pregnancy.
- **Mobile Texting and ConnectionsPlus Phone Program:** High risk members within the Managed Care program will receive a password protected cell phone to connect with Home State Health Coaches, a 24/7 nurse advice hotline, and member's primary care physician. Members will receive texts and personalized wellness goals.

- **Baby Showers:** Pregnant and new mothers will receive baby supplies and education on topics including, but not limited to, pre/post-delivery care, healthy eating tips, family planning, and information about Additional Benefits and available resources.
- **Get Better Connected (Cell Data and Phone Benefit):** Members identified as High Risk-Pregnancy, Chronic Illness, High Emergency Room Utilizer, and/or a Behavioral Health member in need of follow-up after hospitalization support, will receive up to 12 months of access to a cell phone if they do not have a phone through the federal subsidy program.
- **Cell Phone Program:** Active members 18 and older can sign up for the Federal Lifeline Program. Members under 18 are eligible but need a parent or caregiver to apply for them. Members will be provided a phone or can bring their own and will receive 1000 minutes a month, unlimited texts, and 4.5GB of monthly data.
- **Childbirth and Breastfeeding Classes:** Pregnant mothers can receive membership for child birthing classes, breastfeeding classes, or both at their local hospital.
- **Concierge/Welcome Room Program:** A triage (call center) and four in-person meeting locations (St. Joseph, Columbia, Cape Girardeau, and Springfield) of advocacy specialists who help members with social barriers navigate through the health care system with medical and non-medical needs.

- **Mom's Meals:** Members who have delivered a baby within the past two (2) weeks and discharged from the hospital or meet other requirements may receive thirty (30) meals within thirty (30) days delivered to their home.
- **Waves Program:** Members enrolled in Care Management or Disease Management may be eligible for additional peak flow meters, spacers, hypoallergenic mattress covers and pillowcases, and a Self-Management Guide and Pediatric Guidebook.
- **Weight Watchers Program:** Members ages 18 years or older, enrolled in diabetes Disease Management, BMI equal or greater than 25 will receive 13 local meeting vouchers and 14 weeks of online tools.

- **Enhanced Transportation Services:** Members eligible for non-emergency transportation services as a covered benefit will receive transportation to the following: All WIC appointments; Parents visiting hospitalized children; Breastfeeding, Lamaze or similar birthing classes; Picking-up prescriptions immediately following an appointment; Methadone clinic or an administration of other medications at the methadone clinic; Behavioral health inpatient or residential facility for parents to participate in family therapy; HCY Appointments.
- **Equine Therapy:** Members ages 6 and older with active treatment plan with a diagnosis of Autism will receive 10 riding sessions per year at PATH Centers throughout Missouri.
- **Fresh Food Connect:** All members will receive access to one of the following four items that best suits their needs: 10 fresh, pre-measured ingredients and recipes ready-to-cook family meals; 3 farm fresh produce boxes; Annual Sam's Club or Costco membership; Annual membership for free online grocery delivery.
- **Healthy Adults Healthy Results:** Members 18 to 64 with a diagnosis of obesity and/or diabetes will receive the following: Three-month gym membership and access to a fitness center, Weight Watchers (WW) voucher to cover initiation fees and thirteen weeks of membership and one produce box per month for three months.

- **Healthy Kids Healthy Choices:** Members between ages 5-18 will receive \$30 to help cover the cost of a youth club membership. Members between 13-17 with a diagnosis of obesity and/or diabetes will be eligible for a Live Health Coach. Members between 6-18 with a diagnosis of obesity and/or diabetes will be eligible for the Farm Fresh Product.
- **Healthy Lifestyle Aids:** Members with a diagnosis of Hypertension, Diabetes, CHF, CAD, obesity, and pregnant women with pre- eclampsia will receive up to a \$75 worth of lifestyle aids such as a digital scale, pulse oximeter, and abdominal binder.
- **HiSet Program:** Members ages 16 or older will receive one (1) HiSet Exam voucher (which include all (5) tests) per year.
- **Industry Certification:** Adult Expansion members age 19 to 64 can complete an industry certification in fields such as Real Estate, Information Technology, and Health Services. This is a once per lifetime benefit.
- **Meditation App:** Members 13 and older, with a diagnosis of ADHD, Depression, ASD, Anxiety and/or PTSD will receive an annual subscription to the Calm App.
- **Meals Program:** Members who have delivered a baby within the past 2 weeks, discharged from inpatient hospital, and participate in Care Management may receive 14 healthy balanced meals delivered to their home.

		<ul style="list-style-type: none"><li>• <b>Nursing Support Program:</b> Members who are pregnant will receive an electric breast pump and be able to choose one of the following: Breast-feeding support kit, Breast pump accessory kit or a Microwave sterilizer.</li><li>• <b>SDOH Program:</b> Active members are eligible to receive face-to-face Care Transition visits with a Community Health Worker. This includes but not limited to, understanding post discharge, closing gaps in care and social barriers, connections to community resources, and connections to their primary care provider.</li><li>• <b>Tutorial Services:</b> Members age 12 to 17, who are failing in English, Mathematics, and/or Language Arts will receive 24 tutoring hours.</li><li>• <b>ULearn:</b> Adult Expansion members age 19 to 64 will receive access to the ULearn online platform for skills assessments, 1-on-1 coaching for next steps (GED, trade school, certifications, etc.) and exam preparations for various certifications.</li><li>• <b>Uniform and Work Attire:</b> Adult Expansion members age 19 to 64 can receive a \$150 gift card to purchase uniforms or work attire upon completion of their Industry Certification.</li></ul>
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**This chart is a quick reference to help you make a plan choice. It is not intended to include all rules and exceptions. Based on MO HealthNet rules, benefits may be limited to MO HealthNet covered services.**